

MUSHROOM

01:00 PM	FATHER THYME	07:00 PM	THE CORN FARMER	12:00 AM	
02:00 PM	MISS BUTLER	08:00 PM		01:00 AM	KERMODE
03:00 PM		09:00 PM	MANDIZ	02:00 AM	SUNFLOWER GODDESS SOMETHING ELS
04:00 PM	DJWILL	10:00 PM	KORVIDAE	03:00 AM	SHOONZ
05:00 PM	JOSE REPUBLIC	11:00 PM	SUB+LUXE KAYSEE		
06:00 PM	VERO	12:00 AM	DERB		
			KID CINDER		

THURSDAY | AUGUST 3RD

INTERACTIVE ART

THURSDAY						
12:00 PM	GUIDED YOGA AND MEDITATION		WORKSHOP DOME	SPEAKERS LOUNGE		
01:00 PM						
03:00 PM	EXPLORATION IN THE NATURE OF SOUND		MUSHROOM	NEST		
05:00 PM	YOGA NIDRA					
06:00 PM	BINGO!		PRISM			
07:00 PM						
FRIDAY			SATURDAY		SUNDAY	
10:00 AM						
11:00 AM	OPENED MINDS: AUTONOMY MEETS RESPONSIBILITY	SOUND & GROUND	TANTRA 101	RIVER ECOLOGY: TALK & ART WALK	UNION THROUGH SOUND A GUIDE TO DOSING WITH PURPOSE	GUIDED NATURALIST WALK
12:00 PM	GRIEF JOURNEYING: ENERGETIC CONNECTION		YOGA WITH THE 4 ELEMENTS	CLINICAL EFT	BIOMECHANICS PRE-HAB	
01:00 PM	HULA-HOOPING FOR BEGINNERS		ROPE BONDAGE FOR BEGINNERS		ART & TAROT SELF-INSIGHT	
02:00 PM	T-SHIRT STENCIL PAINTING					
03:00 PM			YOGA FOR BEGINNERS	CONSENT & COMM. SWEET TALK	INTRO TO CONTACT IMPROV	
04:00 PM	NON-SEXUAL CONSENT		ARTIST TALK AND DRAWING		FASCIA YOGA & SELF-MASSAGE	
05:00 PM	FUNNY GROUP GAMES				DIY PASTIES: MAKE YOUR OWN	
06:00 PM	SELF-DEFINED MOVEMENT		ACRO YOGA		SUPER SOFT BIRTHDAY	
07:00 PM						



FUTURE FOREST

FUTURE FOREST

AUGUST 3-6, 2023
WOLASTOQIYIK, NB.

MUSIC, ART, YOGA,
WORKSHOPS, CAMPING
AND MORE

FUTUREFOREST.CA

